



TREAT THE CAUSE OF YOUR ALLERGIES WITHOUT ALLERGY SHOTS

Now you can treat the cause of your allergies- safely and effectively- without shots.

We're pleased to offer our patients allergy immunotherapy that you can take at home. It's called sublingual immunotherapy- or allergy drops. Allergy drops work similar to allergy shots, slowly desensitizing you to the substances that cause your allergic reactions. The difference is that the antigen is placed under your tongue in liquid form. Not only are allergy drops more convenient, research also shows they are safe and effective for people of all ages.

Who should take allergy drops?

Although most allergy sufferers can benefit from allergy drops they're especially ideal for people who can't tolerate or don't respond to allergy shots, as well as people who are unable to commit to allergy shot therapy.

These people include:

- Infants and children*
- Asthmatics
- Highly sensitive people
- Those with chronic conditions including sinusitis
- People with food and mold allergies
- People with multiple allergies including dust, pollen, animals, and pollen

*Allergy drops have proven especially helpful for children with eczema and recurrent ear infections, which often have underlying allergic causes. Research shows that many children with untreated eczema and allergies often develop asthma and other chronic conditions later in life, so treating them early can have life-long benefits.

What are the advantages of allergy drops?

In addition to being able to treat patients of all ages safely and effectively, there are other advantages to allergy drops.

Lower cost, fewer clinic visits. Compared to shots, allergy drops cost less and require fewer clinic visits. Typical monthly cost of drops compared to medication co-pays. Patients using allergy drops can avoid weekly or monthly office visits that typically occur with allergy injections.

More convenient. You can take allergy drops at home or wherever you need to be, making it much easier to stay with your treatment.

Less medication. Our patients report, and research confirms, that most patients find they need less medication to control symptoms after beginning allergy drops.

Enjoy healthier days. The end benefit? Feeling better. Patients typically report fewer clinic visits and hospitalizations, and less time lost from work and school, after taking their drops consistently.

Are allergy drops safe? Is there research validating their effectiveness?

Allergy drops have been used around the world for more than 60 years, and numerous studies validate both the safety and effectiveness. In fact, the World Health Organization has endorsed sublingual immunotherapy as a viable alternative to injection therapy.

The Cochrane Collaboration, the world's most trusted international organization dedicated to reviewing healthcare treatments, recently concluded allergy drop immunotherapy significantly reduced allergy symptoms and use of allergy medication.



How long will I need to take my drops?

Most patients take allergy drops each day for three to five years, but it varies according to the severity of your allergies and the seasonality. Many patients feel improvement within a few months.

Will medical insurance cover the costs?

At this time, most insurance companies cover the testing and office visit charges, but not the cost of drops. Since the cost of drops is affordable, most patients are willing to pay out of pocket for the benefit of the treatment and the reduction in long-term costs.

Is sublingual immunotherapy homeopathic?

No. We follow the La Crosse Method protocol which uses dosing that is comparable to or higher than that used in allergy shots. It is not homeopathic. The protocol is based on more than 38 years of clinic experience and research.

Enjoying health benefits that last.

Since immunotherapy using allergy drops uses carefully measured, frequent doses to treat allergic conditions effectively, our patients often notice improvement relatively quickly. Although it's tempting to stop treatment once you start feeling better, it's important that you continue your treatment through its *full course to ensure long-term effect.*

How do I begin?

Allergy drop immunotherapy should be administered by a doctor who specializes in treating allergies with allergy drops. Your doctor will want to examine you and test you for your specific allergies to develop a treatment program that is customized for you.

