

NAME OF PROCEDURE:

DATE OF SURGERY:

TEXAS HEALTH CLEB.

CLEBURNE SURG CTR

SURGERY INSTRUCTIONS

A LEGAL GUARDIAN MUST BE PRESENT WITH MINORS THE DAY OF SURGERY TO SIGN CONSENT FORMS. SURGERY WILL BE POSTPONED IF A LEGAL GUARDIAN IS NOT PRESENT.

Pre-op at Dr. Benke's office on _____ at _____.

Pre-op at the hospital on _____ at _____.

Your surgery does not require a pre-op appointment with the facility, however, you must pre-register with the facility. Pre-registration must be done at least 3 days prior to your surgery date.

This may be done online by visiting the TEXAS HEALTH CLEBURNE website at www.texashealth.org and clicking on "Pre-Register." You can also pre-register over the phone by calling 817-556-4251.

This may be done by calling the **Cleburne Surgical Center** at 817-645-0811.

You must be cleared by your primary care physician/cardiologist/pulmonologist before we can proceed with the recommended procedure. You have an appointment with them on _____ at _____.

ARRIVAL TIMES FOR TEXAS HEALTH CLEBURNE(WALLS) PATIENTS: Call Outpatient Surgery at 817-556-4251 the **DAY BEFORE** your surgery **AFTER 2 PM.**

ARRIVAL TIMES FOR CLEBURNE SURGICAL CENTER PATIENTS: A staff member from the Surgical Center will call you sometime the week of your surgery with your arrival time.

THE FOLLOWING INSTRUCTIONS APPLY TO ALL SURGERY PATIENTS:

***DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY.** This includes candy, gum, water or toothpaste.

***DO NOT TAKE ANY ADVIL/MOTRIN (IBUPROFEN), EXCEDRIN(ASPIRIN), ALEVE(NAPROSYN) FOR 10 DAYS PRIOR TO YOUR SURGERY. YOU MAY ONLY TAKE TYLENOL.** Your usual maintenance medications should be taken on the morning of surgery as soon as you wake up with a small sip of water UNLESS instructed otherwise by the doctor.

*Patients with a history of asthma need to take inhalers and/or nebulizers the night before surgery and the morning of surgery. Even if you only take the asthma medications as needed (like albuterol), please take them as instructed above.

*Dr. Benke's nurse will give you an instruction sheet for your procedure. Please read this prior to surgery. She will also give you your post-op prescriptions for medicines to use after surgery.

*Your surgery has been scheduled as an Outpatient/Inpatient/23 Hour Observation Procedure. We will obtain benefits and authorization from your insurance company for the procedure you will be receiving. We will notify you of the amount, if any, not covered by the insurance. If a portion of the surgery fee is not covered by your insurance, our office policy requires this amount to be paid seven days prior to surgery. The fee charged for your surgery covers the surgery and depending on the surgery you have, may also cover 1-2 post op visits. Some surgeries require additional post-op procedures in the office. These charges

will be submitted to your insurance company and any portion not covered by the insurance company will be due by you.